# Newsletter Headstone Lane Medical Centre March 2024

This is a patient quarterly newsletter that will be published on our practice website. The aim of the newsletter is to update our patients on changes to how the surgery is operating and the current situation in the NHS.

### Dr Sam

It is with regret that we announce the departure of Dr Sam from our surgery. Over the course of an impressive 14 years, Dr Sam has been an invaluable presence at the Headstone Lane Medical Centre. Her commitment, expertise, and compassionate care have left an indelible mark on our team and the community we serve. Throughout her tenure, Dr Sam has not only provided medical expertise but has also fostered strong bonds with her patients. Her dedication to their well-being and her ability to connect on a personal level have undoubtedly contributed to the trust and respect she has earned from those she has cared for. We are grateful for her years of service, professionalism, and unwavering dedication to our practice. While we bid farewell to Dr Sam with a heavy heart, we also extend our sincerest wishes for her continued success and fulfilment in all her future endeavours.

### **MMR**

As you may be aware there is a rise in measles. Currently there is a national campaign for MMR catch up from age 6 years to 25-year-old. Patient who are due for the MMR or not had MMR will receive an sms message/ letter invite. Should you receive this please contact the surgery so we can check the records and book an appointment with the nurse.

# **Pharmacy First**

There is a new service where the GP surgeries can refer patient to local pharmacy for minor illnesses. This helps patients to be seen sooner and free up GP's appointments for more complex diagnosis. Please click on the following link for further information <a href="https://healthmedia.blog.gov.uk/2024/02/01/pharmacy-first-what-you-need-to-know/">https://healthmedia.blog.gov.uk/2024/02/01/pharmacy-first-what-you-need-to-know/</a>

## **Harrow Walk**

Please click on the following link if you wish to take part in this free programme. <a href="https://www.harrow.gov.uk/health-leisure/health-walks/2">https://www.harrow.gov.uk/health-leisure/health-walks/2</a>

## **Bank Holiday**

Please be aware that the surgery is closed during the Easter bank holidays. Upcoming bank holiday dates are as follows:

Friday 29<sup>th</sup> March Monday 1<sup>st</sup> April Monday 6<sup>th</sup> May Monday 27<sup>th</sup> May